

Quarterly Reflection Worksheet

Reflecting on this last quarter

My accomplishments this quarter	
Habits I've developed	
What's Worked	
What's Not	
Things to LEVERAGE or EXPAND	
Things to Minimize or STOP	
Things to note	

Looking ahead to the next quarter

Top 3 - 5 priorities	
At the end of this quarter, I want to....	
Key projects/activities	
Consistent Actions to Undertake (One thing to do on a daily basis)	

Other Notes

