

Week 52 Focus — Tracking, Celebrating and What's Next?

Focus Question: Think about where you were and what you were doing at this time last year. What's changed? What's different?

DESCRIPTION

I want to say a huge thank you for inviting me into your world this past year. Whether you started with us a year ago in Week 1 with this series, or you joined us mid-year.

I hope that this week you will take a few minutes to notice what's shifted for you over time. Take note of your metrics. Also, where do you want to put your attention in the next year?

It's been a pleasure to bring you each of these prompts.

ACTIVITY

Take time this week to stop and pause, reflecting on these questions:

Take note of where you started in week 1 of this series. You were asked to create your vision of your work a year from now.

- What does your work/life currently look like?
- What's shifted?
- What's possible today which was not possible a year ago?
- How are you different today, then when you started this series?
- What's going to support you in continued focus and action?

CONNECTION TO THE WORKBOOK AND PLANNER

Review your last 12 months of planning pages.

Looking to your annual planning pages:

- What do you notice? What do you want to celebrate? What needs to be carried forward?

Looking to your quarterly planning pages:

- What do you notice about themes across the seasons? What do you want to note for next year?

Looking to your tracking pages (Monthly Daily Tracker):

- What do you notice? What changes do you want to make?

Let's stay connected via next year's 52 Week Series which is going to have a focus on remote business.

"Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step."

Lao Tzu