

# Week 6 Focus – Enablers: Resourcing, Partnerships, Mindsets, Strengths

Focus Question: What are the things that are going to help you as a business owner/coach/virtual employee?

## 🧩 DESCRIPTION

The term « enabling » is defined by the Cambridge English Dictionary as “making something possible or easier”.

What and who is going to help make your vision and your key goals possible?

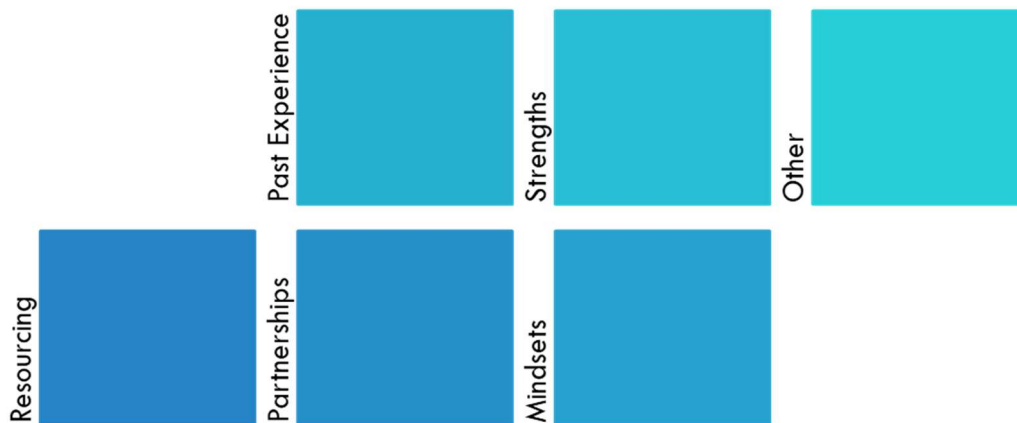
Being able to lean into different areas is key for our business, especially when things get busy, or we are tasked with a big project, or one that stretches us.

At these times it is important to lean into areas that will help us – or the enablers. That can include:

- Resourcing
- Partnerships
- Mindsets
- Strengths

It is important to identify what these key enablers are, so we can lean into them for support.

Work around each of these areas is important, which is why we are going to explore each one of these areas more in-depth in the coming weeks. For now, use the following graphic to note the different “enablers” you have in your business or work at the moment.



## 🧩 ACTIVITY

Using the following worksheet - Identify the Resources, Partnerships, Mindsets and Strengths, and past experiences, that are going to move you forward with a current project.

Project:		
	What and Who I have	Leverage Points to help me be successful with this project
Resourcing		
Partnerships		
Mindsets		
Past Experience		
Strengths		
Other		

### CONNECTION TO THE WORKBOOK AND PLANNER

Many of the resources in the Coaching Business Builder and PlanDoTrack workbooks help readers identify and focus on these areas, in particular:

	<b>Coaching Business Builder</b>	<b>PlanDoTrack</b>
Collaboration	Pages 47 – 51	Pages 51 - 57
20 people you have in your network	Page 82	Page 86
Strengths		
Mindsets		

Additional resources that will support you in this area include:

- Mindset – Carol Dweck, NeuroLeadership Institute
- Strengths Assessments – VIA Strengths, StrengthsFinder 2.0

We will explore the different areas (Resourcing, Past Experience, Partnerships, Mindsets, Strengths) over the next 4 weeks